

## Need and Response Exercise: “Need” Slips

Copy this page onto one color paper and the next page onto a different color. Cut the slips apart on the dotted lines.

There is no food in the house and my children are hungry. [ 1 ]	I need to find a job so I can support myself and my children. [ 1 ]
We can't buy good, fresh produce in our neighborhood. [ 1 ]	We need a food pantry but don't have anywhere to put it. [ 2 ]
I'm embarrassed to go to the food pantry, and I can't choose the food my family likes or that meets their dietary needs. [ 1 ]	Our food pantry is running out of food. [ 2 ]
After paying my rent, there isn't enough money left over for food. [ 1 ]	Our food pantry can't be open more than a few days a month because of lack of staff. [ 2 ]
My children go hungry during the summer because they don't get school meals. [ 1 ]	People in our community don't think we have a hunger problem here, or don't know what can be done about it. [ 2 ]
I'm going to have a baby but I'm worried that I can't provide good nutrition before or after its born. [ 1 ]	Our schools can't maintain good learning environments because of children who are disruptive or can't concentrate because they are hungry. [ 3 ]
I want to know how to give my family a healthy diet on our very tight budget. [ 1 ]	We're seeing more health problems among older people because they are having difficulty preparing or affording nutritious meals. [ 3 ]
We can't afford health insurance, and I don't know how I can pay our medical bills and still buy food. [ 1 ]	Members of our church and community would like to help, but we don't know what to do. [ 3 ]
I have to pay so much for heat this winter we sometimes don't have enough for food. [ 1 ]	I don't vote for programs to help low-income people because my constituents don't care about them. [ 4 ]
I want to work full-time, but I can't afford to pay someone to take care of my children. [ 1 ]	I don't vote for spending on hunger programs because I don't think there are any hungry people in my district. [ 4 ]

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I can tell other people who need food where they can find a food pantry or free meal site. [ 1 ]	Our food pantry provides hungry people with a bag of food once or twice a month. [ 2 ]
I can volunteer to help out at the food pantry until I can find a full-time job. [ 1 ]	Our organization has set up a community garden for low-income people to grow their own produce. [ 2 ]
I can write to elected officials to tell them what food and nutrition assistance programs have meant to me and my family. [ 1 ]	Someone from our local anti-hunger organization or emergency food provider can speak to a church or community group. [ 2 ]
Our company can provide healthcare benefits for all our employees. [ 3 ]	Wisconsin Works (W-2) helps parents with limited income and assets to find and keep jobs. [ 4 ]
Our church has some extra space that we'd like to put to good use for the community. [ 3 ]	School Lunch and Breakfast programs provide children with free and reduced-price meals. [ 4 ]
Our community's churches, organizations, and businesses can organize a food drive. [ 3 ]	Elderly Nutrition Programs can deliver meals to an individual's home, or serve meals to seniors at a community center. [ 4 ]
We can write letters to the editor about hunger problems and solutions in our community. [ 3 ]	The Wisconsin Nutrition Education Program teaches how to choose healthy diets and prepare food safely. [ 4 ]
We can encourage businesses to employ residents of low-income communities in jobs that pay a living wage. [ 3 ]	BadgerCare and Medicaid provide health coverage for low-income people. [ 4 ]
We can work to promote and develop affordable low-income housing in our community. [ 3 ]	Wisconsin Home Energy Assistance Program and Weatherization Assistance can pay a portion of household energy costs or provide help to weatherize homes. [ 4 ]
Our church can encourage members to write letters and make visits to their elected official to tell them about hunger in our community. [ 3 ]	Wisconsin Shares Child Care subsidizes child-care for low-income workers. [ 4 ]
Our community's churches, businesses, and service organizations can recruit food pantry volunteers. [ 3 ]	WIC (Women, Infants and Children) provides food and nutrition services to pregnant women, new mothers, infants and young children. [ 4 ]
Summer food programs provide meals to low-income children when they are not in school. [ 3 ]	The Food Stamp Program provides a plastic debit card that can be used at grocery stores. [ 4 ]