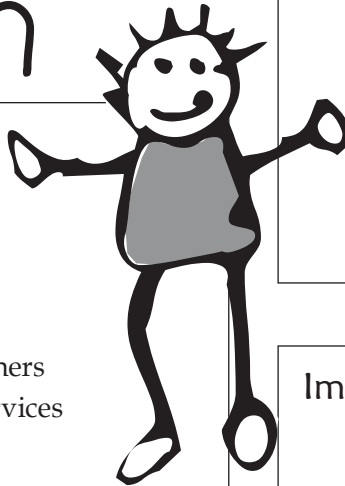


Children



Impacts on Behavior

- » Aggression
- » Hyperactivity
- » Difficulty paying attention
- » Anxiety
- » Difficulty getting along with others
- » More need for mental health services
- » Poorer mental health
- » Behavioral disorders
- » Depression and suicide
- » Impaired social and emotional development

Impacts on Learning

- » More absences, suspensions
- » Impaired cognitive development
- » Lower math and reading test scores
- » Poorer school achievement
- » Repeating a grade
- » Need for more special education

Impacts on Health

- » Poorer overall health
- » Sick more often: colds, stomach-aches, headaches, infections
- » Iron deficiency anemia
- » More frequent doctor visits and hospitalization
- » Low birth weight
- » Birth defects
- » Impaired physical growth and development
- » Poor oral health
- » Chronic health problems

Others

Adults May Experience...

- » Overall poorer health
- » Health problems such as diabetes, heart disease, hypertension, cardiovascular disease, cancer, osteoporosis, anemia and other chronic conditions
- » Depression
- » Obesity
- » Lost work days due to child's illness
- » Household stress



Impacts on the Community

- » Weakened workforce productivity
- » Increased health care costs
- » Increased demands on social services and criminal justice system
- » Reduced economic activity and tax revenues because of lower incomes
- » Loss of human potential

Sources:

Food Research and Action Center, "SNAP and Public Health: The Role of the Supplemental Nutrition Assistance Program in Improving the Health and Well-Being of Americans," January 2013; "Food Insecurity in Households with Children: Prevalence, Severity and Household Characteristics." EIB-56, U.S. Department of Agriculture, Economic Research Service, September 2009; "Reading, Writing, and Hungry: The Consequences of Food Insecurity on Children, and on Our Nation's Economic Success." Issue Paper #6, Partnership for America's Economic Success, November 19, 2008